



Autism awareness learning resources

Here are learning resources from across the social care and health sector.

They aim to increase awareness and understanding of autism, to enable frontline care workers to better recognise and respond to the needs of autistic people.

Adult social care managers can use resources in this list during induction, supervision and ongoing learning and development, to develop the skills of their workers. They can also use them to develop their own leadership and management skills and knowledge.

Practical resources

Autism poster and guide – RCNi	
<p>This poster explains how to support autistic people and is for anyone who works with autistic people. You could print out copies as a reminder for your workers.</p> <p>Download the poster here.</p> <p>The ‘Developing specialist skills in autism practice’ guide explores how services can meet the needs of autistic people, including understanding autism in adulthood, how this can help professionals to identify and plan support for adults with autism, and how services can develop their leaders to have the right skills to do this.</p> <p>Download the guide here.</p> <p>Both of these documents are free to download.</p>	

Improving access to social care

This online guide helps adult social care and health workers to increase their awareness, knowledge and understanding of autism. [Access the guide here.](#)

You can watch this short video about working with autistic people – [watch it here.](#)

You can also watch this video from the perspective of autistic people – [watch it here.](#)

This films are free to watch, but if you want to download them you need to register for a free account.

Autism – Health Talk (University of Oxford)



This website shares films and real life experiences from individuals (and their relatives) with a range of conditions including autism. It's based on qualitative research into patient experiences, led by the University of Oxford.

It has sections about experiences of autism, communication and relationships.

**Clinical guidelines on the
diagnosis and management of
autism –**

Training and E:learning

Autism and related problems e:learning – MindEd	
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This session is aimed at a universal audience and covers recognising the signs and symptoms associated with autism, aspergers and related problems.

[Access the e:learning here.](#) It's available to anyone, free of charge.

You can also find other sessions [on their website here.](#)

Autism e:learning modules – British Psychological Society	
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These modules deliver knowledge and understanding about autism, from introductory to specialised levels.

- Building awareness of autism – answers the key question 'what is autism' and how it affects people. You'll need to register an account to access this module –

Online and face to face training – National Autistic Society	
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The National Autistic Society run a training and consultancy sccllicrun a t